


PERSONAL INFORMATION

ELENA-IULIA MARDARE

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Sex Female | Date of birth 3 Dec 72 | Nationality Romanian

WORK EXPERIENCE

2014–Present

Associat Professor

University of Bucharest, Faculty of Sociology and Social Work, Bucharest (Romania)
<http://www.unibuc.ro/>

- Research and teaching disciplines: *Individual and group counseling; Counseling and family therapy; Stress management in health and social services; Theories in psychosocial counseling; Counselling people with chronic diseases.*

Business or sector Education and Research

2009–Present

Psychotherapist, trainer and supervisor in family psychotherapy

Training and Therapy Centre for Child, Couple and Family, Bucharest (Romania)
http://www.psihoterapiedefamilie.ro/program_formare.htm

Training in systemic family psychotherapy, psychotherapy narrative approach, psychosomatic families, personal development.

Business or sector Human health and social work activities

2008–2014

Lecturer

University of Bucharest, Faculty of Sociology and Social Work, Bucharest (Romania)
<http://sas.unibuc.ro/>

- Research and teaching disciplines: *Stress management in health and social services; Individual and group counseling; Theories in psychosocial counseling; Counselling people with chronic diseases (HIV / AIDS, heart disease, cancer, etc.); Methods and techniques to adapt to social stress; Health education to children and youth; Applied Social Psychology; Counseling and Family Therapy; Social Counseling.*

Business or sector Education and Research

2004–2008

Assistant Teacher

University of Bucharest, Faculty of Sociology and Social Work, Bucharest (Romania)
<http://sas.unibuc.ro/>

Research and teaching disciplines: *Family and Couple Therapy; Social Policy for Families and Child Support; Applied Social Psychology; Social work for persons with chronic diseases and HIV / AIDS; Internal medicine and social medicine.*

Business or sector Education and Research

2002–2004

Tutor

University of Bucharest, Faculty of Sociology and Social Work, Bucharest (Romania)
<http://sas.unibuc.ro/>

Seminars in: Applied Social Psychology; Social Work for persons with chronic diseases and HIV / AIDS; Internal medicine and social medicine.

Business or sector Education and Research

2005–2009 Psychotherapist, trainer and supervisor in family psychotherapy

International Foundation for Child and Family, Bucharest (Romania)
<http://ficf-romania.ro/>

Training in systemic family psychotherapy, narrative psychotherapy and psychosomatic families.

Business or sector Human health and social work activities

2006–2008 Researcher in the project Develop a methodology to assess and reduce risk behaviors in adolescents and young adults with HIV / AIDS

University of Bucharest, Centre for Research on the Structure and Social Processes, Bucharest (Romania)

-elaboration of methods and research techniques (questionnaire and interview guide); assess the dynamics of behavioral risk profiles of adolescents with HIV about HIV transmission; establishment of methods and techniques of social work intervention to young people with HIV / AIDS; research report writing; paper printing and dissemination of research results at national and international level.

Business or sector Research

2011–2012 Expert in the project POSDRU- program research skills training and professional master of social sciences

University of Bucharest, Faculty of Sociology and Social Work, Bucharest (Romania)

Evaluate the quality of master study programs in social sciences and master's programs of research and training organized by the Faculty of Sociology and Social Work, University of Bucharest.

Business or sector Research

2009–2010 Expert in Project Development Community Mental Health Care for prisoners

Penal Reform International Romania and ANP, Bucharest (Romania)

-developing procedures for case management in assisting prisoners with mental health problems (identification and initial assessment stages, the comprehensive assessment, planning and delivery of services and interventions); contribution to establishing a network of experts who can assist in the implementation and development of case management procedures in mental health for prisoners; development of information materials required for the formation of specialized staff working with inmates with mental health problems.

Business or sector Research

2002–2010 Editor

Journal of Social Work, Iasi (Romania)
<http://www.revistadeasistentasociala.ro/>

- Writing articles, rating articles, book reviews etc.

Business or sector Press-Publishing

1991–2002 Healthcare staff

Floreasca Emergency Hospital, Department of Cardiology, Bucharest (Romania)
<http://www.scub.ro/>

-assistance medical care within the team; management and provision of health services; supervising the nursing training in internal medicine and cardiology.

Business or sector Human health and social work activities

EDUCATION AND TRAINING**2002–2008 PhD Degree in Sociology**

University of Bucharest, Bucharest (Romania)

-PhD thesis: *Stress and social support - guidelines in addressing psychosocial risks in the context of heart disease*

2002–2004 Educational Programme in Marital and Family Therapy

Netherlands Association of Marital and Family Therapists, Romanian Federation of Psychotherapy and Family Therapy Association in Bucharest, Bucharest (Romania)

Family and couple therapy

2002–2003 Master's degree in Social and Health Services Management

University of Bucharest, Bucharest (Romania)

- health and disease sociology; human resources management; Ethics and values in social and medical professions; dissertation thesis: *Motivational Management-attribute of modern organizations.*

2011–2012 Postuniversitar Course - Student-centered education strategy design, implementation and institutional assessment

University of Bucharest, Bucharest (Romania)

-training in *blended learning* for university teachers

1996–2000 Bachelor's degree in social work, sociopsychopedagogy profile

University of Bucharest, Bucharest (Romania)

Applied social psychology; Psychotherapy and family therapy; Thesis: *Communication and conflict in group work in the hospital.*

2011 Specificity of clinical psychology and psychotherapy research - workshop

College of Psychologists of Romania and the Association for the Development of Psychology SMART PSI, Bucharest (Romania)

2008–Present Internal Auditor in Quality Management System ISO 9001: 2000

SIMTEX-OC and the Commission on Quality Assurance in Higher Education, University of Bucharest, Bucharest (Romania)

-collecting and reporting; categorization of non-compliance; drafting audit reports etc.

- 1995–1996 **Certificate of completion of post-secondary school health**
School Group Victor Babes, Bucharest (Romania)
-works graduation: *Priorities in the care of patients with cardiac disease.*
- 1987–1991 **Baccalaureate**
School Health, Bucharest (Romania)
- 2005 **Trainer in Family Therapy**
Ministry of Health, National Center for Professional Development, Bucharest (Romania)
- 2006–2007 **Degree of co-supervision in Family Therapy**
International Foundation for Child and Family and Family Therapy Association, Bucharest (Romania)
- 2014 **Certificate of participation in the workshop "Parenting through play" supported by Lawrence Cohen, PhD**
Parentime Training and Therapy Centre for Child, Couple and Family, Bucharest (Romania)
- 2013 **Workshop - Good Stories / Bad Stories- a metaphor useful in working with couples**
College of Psychologists of Romania and Training and Therapy Centre for Child, Couple and Family in Bucharest, Bucharest (Romania)
- 2013 **Workshop in Stress and cancer- stress management options in oncologic patients**
College of Psychologists of Romania and the Association for the Development of Psychology SMART PSI, Bucharest (Romania)
- 2009 **Family therapy sexuality-workshop led by Rob Thomson and Roely HEUVING, NVRG Netherlands**
Family Therapy Association and the College of Psychologists of Romania Bucharest, Bucharest (Romania)
- 2007 **Family therapy addictions --workshop led by Frans Duintjer, Netherlands**
Association for Family Therapy in Bucharest, Bucharest (Romania)
- 2009 **Superpsychotherapists- who they are and how we learn from them? - Workshop led by Scott Miller-trainer of the Institute for the Study of Change in Care (ISTC), Chicago, USA**
Family Therapy Association and the College of Psychologists of Romania Bucharest, Bucharest (Romania)
- 2010 **Collaborative approach: a scheme of work in family therapy practice -workshop led by William Charles MADSEN, trainer Cambridge, USA MA-**

Family Therapy Association and the College of Psychologists of Romania Bucharest, Bucharest (Romania)

2004 **Introduction to counseling and couples therapy-workshop led by Gillian Walton**

Relationship Counselling for London Marriage Guidance Clinical London- Aquamarine Bucharest, Bucharest (Romania)

2003–2004 **Training program on domestic violence, narrative therapy, educational therapy, Project Management, Sexology couples therapy, family therapy nonverbal techniques for families with small children**

Ministry of Health, National Center for Professional Development, Bucharest (Romania)

2011 **Music - the generator of well-being with virtues formative- workshop**

College of Psychologists of Romania and the Association for the Development of Psychology SMART PSI, Bucharest (Romania)

2013 **Theory and practice of art therapy with people with problems related to the use of the substances - workshop**

Alliance to fight against alcoholism and drug addiction (ALLY) Castle Craig Hospital, Scotland, Bucharest (Romania)

1996–1998 **Personal- development group 1A and 1B**

Romanian Society of Experiential Psychotherapy University of Bucharest, Faculty of Sociology, Psychology, Pedagogy, Bucharest (Romania)

Experiential Psychotherapy Training Group (level I and level II practitioner topic)

PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C2	B2	B1	B2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user
[Common European Framework of Reference for Languages](http://www.cedefop.europa.eu)

Computer skills -Office

Driving licence B

ADDITIONAL INFORMATION

Publications **Books and course materials**

Author:

2013, *Working With Children and Their Families multi-Stressed. Integrating Interventions for children*

at risk and Educating adults in Proceedings of the International Conference: Transforming the educational relationship: intergenerational and family learning for the lifelong learning society, Iassy: Pim, ISBN978-606-13-1558-1.

2010, *Psychosocial stress heart disease. Analyses and interventions*, Bucharest: University of Bucharest, ISBN 978-973-737-863-7.

2010, *Counseling and therapy services to families affected by stress* in the "Social Assistance risk groups", eds. Doru Buzducea, Iași: Polirom, ISBN 978-973-46-0277-3.

2007, *Psychosocial factors associated with HIV / AIDS* in the "Risks youth: adolescents with HIV / AIDS in Romania" coord. Doru Buzducea Entertainment, Bucharest: Bucharest University Press, ISBN 978-973-737-347-2.

2007, *Psychosocial interventions targeting adolescents and their families in the context of HIV / AIDS* in the "Risks youth: adolescents with HIV / AIDS in Romania" coord. Buzducea Entertainment Bucharest: Bucharest University Press, ISBN 978-973-737-347-2.

2009, *Health education to children and young people* - support the course, Faculty of Sociology and Social Work, University of Bucharest.

2009, *Methods and techniques to adapt to support ongoing social stress*, Faculty of Sociology and Social Work, University of Bucharest.

Coauthor

2007, *Adolescents with HIV / AIDS in Romania-Development of the methodological hazards in youth: adolescents with HIV / AIDS in Romania*, eds. Doru Buzducea , University of Bucharest (authors: Buzducea D., Lazar F., Mardare EI), ISBN 978-973-737-347-2.

2007, *The attitudes needs of adolescents seropositive risks to young people: teenagers with HIV / AIDS in Romania*, eds. Buzducea Doru, University of Bucharest (authors: Buzducea D., Lazar F., Mardare EI), ISBN 978-973-737-347-2.

2007, *Behavioral risk profiles of adolescents with HIV / AIDS Risks youth: adolescents with HIV / AIDS in Romania*, eds. Doru Buzducea , University of Bucharest (authors: Buzducea D., Lazar F., Mardare EI), ISBN 978-973-737-347-2.

2007, *Social support network of adolescents seropositive risks to young people: teenagers with HIV / AIDS in Romania*, eds. Doru Buzducea , University of Bucharest (authors: Buzducea D., Lazar F., Mardare EI), ISBN 978-973-737-347-2.

2005, *Social Policy support for the child and support familie- course*, University of Bucharest, Faculty of Sociology and Social Work.

2004, *Models and techniques to facilitate social reintegration of persons with disabilities* - course support under the "Cooperativa Sociale social rehabilitation program for people with disabilities Ialomita", Center for Professional Training and Consulting Labor-free and Authority national Protection of Persons with Disabilities. (authors: Mardare EI and Dragomir V.)

2010, *Applied Social Psychology - course support*, Faculty of Sociology and Social Work, University of Bucharest (authors: G. Nistor and Mardare EI).

Journals

Author

2012, Book review of *Psychosocial aspects of tumor diseases. Assessment and intervention*, author: Degi Csaba, Cluj Napoca: Cluj University Press, 2011, Journal of Social Work, Year XI, no. 1 p.185-187.

2011, National Conference in Applied Health Psychology - Complementary space in diagnosis and psychotherapy, College of Psychologists of Romania and the Association for the Development of Psychology SMART PSI in Bucharest, *Interventional ways used in the assessment and treatment of cardiac patients with high psychosocial risk*, published in the journal SmartPSI, 1, <http://revista.smartpsi.ro/>, ISSN 2248-1966.

2010, *Stress and psychosocial risk assessment in clinical social hospitalized cardiac patients*, Journal of Social Work, year IX, No.2, Ed.Polirom.

2008, *Counseling and family therapy in the context of chronic disease in adolescents* in Child-protection social pedagogy magazine, published by the International Federation of Educative Communities - FICE, Romania, year X, No. 3 (32), p 34- 42.

2005, *Social support and health*, Social Work Review, no. 4.3, Iasi: Ed.Polirom, p.109-124.

2004, *Therapeutic techniques and strategies to the distressed family health*, Journal of Social Work, no. 2-3, p.188-195, Ed.Polirom.

2003, *Social care services for individuals and groups with medical and social needs*, Social Work Review, no. 1 p.89-94, Ed.Polirom.

2001, *Communication and conflict in group work in the hospital* - poster paper communicated to the National Congress of Cardiology, Sinaia.

Coauthor

2010, *The Situation of Romanian HIV-positive adolescents: results from the first national representative survey*, AIDS Care. Psychological and Socio-Medical Aspects of AIDS / HIV, Publisher: Routledge, Volume 22, Issue 5, 562 (authors: Buzducea D., Lazar F. Mardare EI).

2008, *YPLWHA situation in Romania. An analysis of risk behaviors*, Journal of Social Ed.Polirom, no.1-2 (authors: Buzducea D., Lazarus F., Mardare EI), Ed. Polirom.

2001, *Priorities in care of patients with acute myocardial infarction* - paper presented at the National Congress of Cardiology, Sinaia.

Presentations

2013, Italy Ca'Foscari University and Romanian Society for Lifelong Learning, International Conference on Transforming the educational relationship: intergenerational and family learning for the lifelong learning society, Bucharest - keynote-speaker (*Working with Children and Their Families multi-Stressed. Interventions for Integrating Educating children at risk and adults*) and member of the scientific committee of the conference.

2011, National Conference in Applied Health Psychology - Complementary space in diagnosis and psychotherapy, College of Psychologists of Romania and the Association for the Development of Psychology SMART PSI in Bucharest, communication work - *Interventional methods used in the assessment and treatment of cardiac patients with high psychosocial risk*.

2009, Conference -Crises, transition and integration: sociology and society after two decades of transformation, Faculty of Sociology, University of Bucharest, paper- *The assessment of psychosocial stress risk on cardiac patients*.

2008, Conference -Sociological knowledge social practice: achievements, projects, expectations, Faculty of Sociology, University of Bucharest - paper *Situation of young HIV-positive in Romania* (authors: Buzducea Doru, Florin Lazar, Mardare Elena-Iulia).

2006, *Child and Family Support Services in managing chronic diseases- Elaboration of a methodology for evaluation and reduction of risk Psychosocial factors at children and Their Families Affected by HIV / AIDS*, paper presented at the Children's Welfare in Ageing Europe-Challenges and Opportunities Training School, of the COST (European Cooperation in the Field of Scientific and Technical Research) Action 19 Children Welfare, Roskilde University Center, Denmark.

Projects

2011, The Executive of the National Council of Qualifications and Vocational Training of Adults, Bucharest, University-enterprise consortium meeting for the university degree in "Social Work" - member of the team to achieve *professional competence in a system development project operational qualifications in higher education in Romania*.

2009-2010, Ministry of Education and Research - CNCSIS, PN II Program, IDEI- member of the research team on the project *Quality assurance of social and professional development of social workers by implementing a system of supervision*.

2004-2005, Ministry of Labour, Social Solidarity and Family and European Union under Phare- member research team *Institution Building Social Services in Romania*.

Conferences

2013, 2011- National Conference to Applied Health Psychology - complementary space in diagnosis and psychotherapy, College of Psychologists of Romania and the Association for the Development of Psychology SMART PSI in Bucharest.

2010, The European Congress of Family Therapy (7EME Congress d'EFTA) 60 ans *20 ans d'EFTA Family Therapie ... et après? Nouvelles perspectives pour la pratique systemique*, Paris, France.

2007, European Conference Social Work - *Social change and social professions* Conference, Parma, Italy.

2006, International Conference *Translating Stories. Unpacking Stories in Self-Diagnostic Partner*

Relationship, Knowledge Centre for Relationship Problems "The Keerkring" Bailen-Holland
2006, Conference Children's Welfare in Ageing Europe-Challenges and Opportunities Conference of the COST A19 Children Welfare, Roskilde University Center, Denmark.
2004, Workshop *Role of Social Workers* - International Federation of Social Workers (IFWS) - European Delegates Meeting, Brussels - Belgium.
2003, International Federation of Social Workers (IFWS) - European participation Delegates General Meeting- Copenhagen, Denmark.
2003, European Conference of *Social Work in the Future Europe*, Copenhagen, Denmark.
2002, International Federation of Social Workers (IFWS) - participation in the European Delegates Meeting, Cipru- Nicosia.
1995, *East European Cardiovascular Nursing Conference*- Providence Hospital, Columbia, USA, Cluj-Napoca.

Seminars

2010, Inocenti Sensiblu Foundation, *Effects of trauma on the human mind: useful applications of the theory in practice* - workshop led by Richard Chefetz, professor at the Institute of Contemporary Psychotherapy and Psychoanalysis and Psychoanalytic Center, Washington, USA.
2008, *Internationalisation of higher education: challenges encountered in cross diplomas*, Bucharest Chamber of Commerce and Industry.
2006, Ministry of Labour, Social Solidarity and Family, the National Scientific Research Center sociales Labour and Urban and Regional Sociology, CURS-SA- *Evolution Occupations in Romania on the horizon in 2010*.
2005, Ministry of Health- Participation in the *Action Plan for the implementation of mental health strategy* of the Ministry of Health of Romania; Working Group 5: Connections and Working Group 1: Promoting mental health and preventing mental disorders.
2003, Washington Advocacy Institute - Making Social Justice Strategic Leadership, Effective and Sustainable, Open Society Institute, Center for Policy and Health Services and the American Cancer Society - *Advocacy Fellow Romanian*.

Memberships

2013 to present, Member of the National Network of researchers CANWON-Romania (Cancer and Work Network), ANCS, Ministry of Education and Research.
2012 to present, Specialist in developing occupational standards, the Resource Center Social Work, College of Social Workers in Romania.
2009, Founder of the Centre for Research and Innovation in Social Services, University of Bucharest.
2005 to present, Member of Committee for Quality Assurance in Higher Education, University of Bucharest.
2004 to present, Member of the Board of the Faculty of Sociology and Social Work, University of Bucharest.
2004 to present, Member of the Board of Department of Social Work, Faculty of Sociology and Social Work, University of Bucharest.
2009 to present, Member of the College of Psychologists of Romania (psychotherapist, trainer and supervisor in family psychotherapy).
2005 to present, Member of the Register of Psychotherapists in Romania, Romanian Federation of Psychotherapy (psychotherapist trainer in family psychotherapy).
2009, Founder of the Center for Training and Therapy for Child, Couple and Family.
2013 to present, Member of the Committee on Professional Training -Therapy Centre for Child, Couple and Family in Bucharest.
2006-2013, Member of the Professional Committee of the Association of Family Therapy in Bucharest.
2004-2006, Member of the Executive Committee of the Association for Family Therapy in Bucharest.
2002, Founding member of the Association of Family Therapy in Bucharest.
2002, Member of Romanian Association for Promoting Social Work (ARPAS).
1995-2001, Member of the Romanian Society of Cardiology.